

Optimal Spine Chiropractic **Application for Care**

PATIENT INFORMATION

Name: _____

Nickname: _____

Date Of Birth: _____

Address: _____

City: _____ State: _____ Zip: _____

Please Check

- Male
 Female

Smoker? Current Past Never

- Right handed
 Left handed
 Married
 Single

Occupation: _____

Employer: _____

Work Duties: _____

Spouse/Partner: _____

Children's Name & Ages: _____

CONTACT INFORMATION

Home Phone: _____

Work Phone: _____

Cell Phone: _____

E-mail: _____

Emergency Contact-Name & Number: _____

ACCIDENT

Is this condition due to an accident? Yes No

Type of accident: Auto Work Home

Date of Accident: _____

INSURANCE INFORMATION

Subscriber's Name: _____

Relationship To Patient: _____

Birth date: _____

HEALTH HISTORY

Reason for visit: describe **chief complaint** and any **additional** problems. Rate the symptoms on a scale of **1-10 (10 being the worst)**

1. _____ (1-10)

2. _____ (1-10)

3. _____ (1-10)

4. _____ (1-10)

When did the symptoms first appear? _____

Is this condition getting progressively worse? Yes No Unsure

Family members with similar symptoms: _____

Date of last Chiropractic visit: _____ Dr.'s name: _____

General Practitioner's Name: _____ Location: _____

Other Specialists/Providers you are currently under care with:

Name: _____ Specialty: _____ Location: _____

Name: _____ Specialty: _____ Location: _____

Name: _____ Specialty: _____ Location: _____

Past surgeries & dates: _____

List X-rays/MRIs in past 2 years: _____

Medications you currently take: _____

Is there any chance you are pregnant? No Yes Due Date: _____



Whom may we thank for referring you? _____

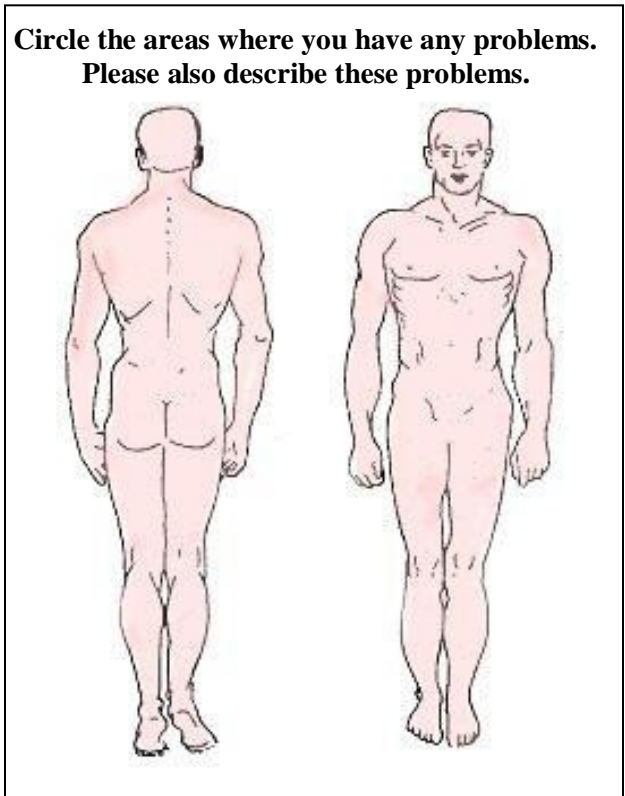


Please Fill in Below

If you have had the following, or if you suffer from the following, *Please Check:*

Condition, Symptom, or Problem	Constantly or Frequently	Sometimes or Occasionally
Headache	<input type="checkbox"/>	<input type="checkbox"/>
Migraines	<input type="checkbox"/>	<input type="checkbox"/>
Neck Pain	<input type="checkbox"/>	<input type="checkbox"/>
Shoulder Pain	<input type="checkbox"/>	<input type="checkbox"/>
Arm/Hand Pain	<input type="checkbox"/>	<input type="checkbox"/>
Mid Back Pain	<input type="checkbox"/>	<input type="checkbox"/>
Low Back Pain	<input type="checkbox"/>	<input type="checkbox"/>
Hip Pain	<input type="checkbox"/>	<input type="checkbox"/>
Leg/Foot Pain	<input type="checkbox"/>	<input type="checkbox"/>
Disc Problems	<input type="checkbox"/>	<input type="checkbox"/>
Numbness	<input type="checkbox"/>	<input type="checkbox"/>
Joint Swelling	<input type="checkbox"/>	<input type="checkbox"/>
Dizziness	<input type="checkbox"/>	<input type="checkbox"/>
Nausea	<input type="checkbox"/>	<input type="checkbox"/>
Heart Problems	<input type="checkbox"/>	<input type="checkbox"/>
Ringling In Ears	<input type="checkbox"/>	<input type="checkbox"/>
Cough	<input type="checkbox"/>	<input type="checkbox"/>
Chest Pains	<input type="checkbox"/>	<input type="checkbox"/>
Asthma	<input type="checkbox"/>	<input type="checkbox"/>
Cancer	<input type="checkbox"/>	<input type="checkbox"/>
Osteoporosis	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>
Hypoglycemia	<input type="checkbox"/>	<input type="checkbox"/>
Digestive Problem	<input type="checkbox"/>	<input type="checkbox"/>
Urinary Problems	<input type="checkbox"/>	<input type="checkbox"/>
Skin Conditions	<input type="checkbox"/>	<input type="checkbox"/>
Other	<input type="checkbox"/>	<input type="checkbox"/>

Circle the areas where you have any problems.
Please also describe these problems.



Below, Please Fill In Any Other Health Information
You Feel We Might Need For Your Care.

Thank You for being Complete and Thorough

Family Health History

Please list ALL known diagnosed health conditions: (i.e. arthritis, cancer, diabetes, heart disease, kidney disease, high cholesterol)	Relationship to you: (i.e. mother, father, sister, brother, aunt, uncle, maternal & paternal grandparents)
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	

I certify the above information is true and accurate to the best of my knowledge.

Signature: _____

Date: _____

PRIVACY NOTICE | NOTICE OF INFORMATION PRACTICES

Protecting your personal health information is important to us. This notice describes how information about you may be used and disclosed and how you can gain access to this information.

Any disclosures for the purpose of treatment, payment (from your insurance company or coverage provider) or practical operations will be made only as necessary after informing you. You may request restrictions on disclosures. If you are not able to tell us your preference, for example if you are unconscious, we may go ahead and share your information if we believe it is in your best interest. We will also share your information if state or federal laws require it and/or in response to a court or administrative order, or in response to a subpoena.

Disclosures of protected health information are limited to the minimum necessary depending on the purpose of disclosure. This provision does not apply to the transfer of medical records for treatment. You have the right request a copy of your records and/or this privacy notice at any time and may receive and inspect them within 30 days of your request. There may be a reasonable cost-based fee for photocopying, postage and preparation. Our practice has the right to accept or deny requests to make any changes on your records. *We maintain a history of the persons or entities we've disclosed your protected health information to. You have the right to request such disclosures.*

In the future, we may contact you for appointment reminders, announcements related to our practice and/or to handle any financial concerns. Please note that we may use your picture on our social media platforms or website after obtaining your verbal consent.

Our practice is required to abide by this notice. We have the right to change this notice in the future. Any revisions will be prominently displayed in a clearly visible location in this office and on our web site.

You may file a complaint about privacy violations by contacting our Office Manager or the U.S. Department of Health and Human Services Office for Civil Rights by sending a letter to 200 Independence Avenue, S.W., Washington, D.C. 20201, calling 1-877-696-6775, or visiting www.hhs.gov/ocr/privacy/hipaa/complaints/.

By signing below I state that I have read and understood the terms that have been presented in this Privacy Notice/ Notice of Information Practices.

Signature: _____ **Date:** _____

ASSIGNMENT OF BENEFITS/ INTENT TO PAY DOCTOR

I hereby assign all of the appropriate medical benefits provided by my insurance company to the services rendered by Optimal Spine Chiropractic. I authorize direct payment of these services to Optimal Spine Chiropractic. If my insurance provider does not offer coverage for chiropractic care I agree to provide payment for services I have received.

Signature: _____ **Date:** _____

Informed Consent to Care

You are the decision maker for your health care. Part of our role is to provide you with information to assist you in making informed choices. This process is often referred to as “informed consent” and involves your understanding and agreement regarding the care we recommend, the benefits and risks associated with the care, alternatives, and the potential effect on your health if you choose not to receive the care.

We may conduct some diagnostic or examination procedures if indicated. Any examinations or tests conducted will be carefully performed but may be uncomfortable.

Chiropractic care centrally involves what is known as a chiropractic adjustment. There may be additional supportive procedures or recommendations as well. When providing an adjustment, we use our hands or an instrument to reposition anatomical structures, such as vertebrae. Potential benefits of an adjustment include restoring normal joint motion, reducing swelling and inflammation in a joint, reducing pain in the joint, and improving neurological functioning and overall well-being.

It is important that you understand, as with all health care approaches, results are not guaranteed, and there is no promise to cure. As with all types of health care interventions, there are some risks to care, including, but not limited to: muscle spasms, aggravating and/or temporary increase in symptoms, lack of improvement of symptoms, burns and/or scarring from electrical stimulation and from hot or cold therapies, including but not limited to hot packs and ice, fractures (broken bones), disc injuries, strokes, dislocations, strains, and sprains. With respect to strokes, there is a rare but serious condition known as an “arterial dissection” that typically is caused by a tear in the inner layer of the artery that may cause the development of a thrombus (clot) with the potential to lead to a stroke. The best available scientific evidence supports the understanding that chiropractic adjustment does not cause a dissection in a normal, healthy artery. Disease processes, genetic disorders, medications, and vessel abnormalities may cause an artery to be more susceptible to dissection. Strokes caused by arterial dissections have been associated with over 72 everyday activities such as sneezing, driving, and playing tennis.

Arterial dissections occur in 3-4 of every 100,000 people whether they are receiving health care or not. Patients who experience this condition often, but not always, present to their medical doctor or chiropractor with neck pain and headache. Unfortunately a percentage of these patients will experience a stroke.

The reported association between chiropractic visits and stroke is exceedingly rare and is estimated to be related in one in one million to one in two million cervical adjustments. For comparison, the incidence of hospital admission attributed to aspirin use from major GI events of the entire (upper and lower) GI tract was 1219 events/ per one million persons/year and risk of death has been estimated as 104 per one million users.

It is also important that you understand there are treatment options available for your condition other than chiropractic procedures. Likely, you have tried many of these approaches already. These options may include, but are not limited to: self-administered care, over-the-counter pain relievers, physical measures and rest, medical care with prescription drugs, physical therapy, bracing, injections, and surgery. Lastly, you have the right to a second opinion and to secure other opinions about your circumstances and health care as you see fit.

I have read, or have had read to me, the above consent. I appreciate that it is not possible to consider every possible complication to care. I have also had an opportunity to ask questions about its content, and by signing below, I agree with the current or future recommendation to receive chiropractic care as is deemed appropriate for my circumstance. I intend this consent to cover the entire course of care from all providers in this office for my present condition and for any future condition(s) for which I seek chiropractic care from this office.

Patient Name: _____ **Signature:** _____ **Date:** _____

Parent or Guardian: _____ **Signature:** _____ **Date:** _____

Witness Name: _____ **Signature:** _____ **Date:** _____